



Perram
House

Palliative Care at Home

Reflections ...
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GOOD NEWS FOR HOSPICE, PERRAM HOUSE

The Ontario government recently gave palliative care a \$115 million boost, with \$500,000 of that total going directly to Perram House.

The Ministry of Health and Long-term Care announced that its new funding will go toward nursing and personal support workers for end-of-life care both in the home and in hospice. Perram House is one of nine Ontario residential hospices that will

receive funding in the first tranche, for 2005–06. Others will begin to receive their funding in 2006 and 2007.

The ministry says that in future years residential hospices will be funded based on a 10-bed model at \$580,000 a year.

Residential hospices are served by Ontario's Community Care Access Centres. This new funding will allow hospices to increase and enhance the services they provide.

The government says this initiative is part of its plan to better integrate local health services, expand community-based care, and to meet the

demand for palliative care as baby boomers age.

Health Minister George Smitherman acknowledged that terminally ill patients would prefer to live out their days at home, but most have no choice but to do so in hospital.

"We are giving them a choice," he stressed.

"There is no sense using the extraordinarily high cost of a hospital to deliver a service that we can deliver very, very well in an environment that has the twin benefits of being both less expensive and potentially more loving," noted Smitherman.

NEW DAY PROGRAM TO BE LAUNCHED; RENOVATIONS PROCEED

Perram House is preparing to launch its new day program in the new year. The program, from 10 a.m. to 3 p.m., will serve people who are in hospital or receiving care at home and who are well enough to attend. The day program is intended to enhance the quality of life of those who have a life threatening or terminal illness, to help them maintain their independence and learn ways to better cope with their illness, and to make new acquaintances. It also provides respite for their caregivers.

Perram House is pleased that Wellspring, a prominent cancer support organization with offices throughout southern Ontario, will be delivering the core activities of the day program. These include relaxation and visualization, journaling, music and art

therapy, spiritual care, discussions and presentations, and cancer support groups. Free time could include games, counselling, massage, pet therapy, or quiet time. Refreshments and lunch will be served.

Participants will be brought to and from Perram House by their caregivers or by volunteer drivers from the Red Cross. Participants can be referred to the program by hospital social workers, the Toronto Community Care Access Centre, or visiting home hospices. Perram House's geographic area is Highway 401 to Lakeshore Blvd., and Bathurst Street to Greenwood Ave. For more information about the day program, phone Perram House at 416-925-9866.

While staff prepares for program start-ups, construction workers have been making extensive renovations to our grounds, kitchen, bathrooms, nursing station, and reception area, as well as upgrades to our plumbing and heating systems, all thanks to support from

the Ontario Trillium Foundation. Our staff, board, and volunteers are all looking forward to the time when the renovation confusion has settled down and our house will be filled with the presence of residents, caregivers, and program participants.

LAW AND DIGNITY: FAMILY CREST GRACES PERRAM HOUSE

One morning last April, Perram House property maintenance manager Steve Clegg, opened the door to find Steve Law and his son Adrian gazing intently at the front door.

"We were admiring the stained glass crest above the door. It happens to be my family crest. My great grandparents, Frederick and Charlotte Law, once owned this home," Law explains.

"I had been here before, but not for many years. I was in the area with

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Adrian, and we decided to have a look.”

He and his son were invited in to talk with Executive Director Mary Ellen Hopgood about his ancestors and their home here.

Research done by Perram House volunteer Mick Kahan shows that in May, 1789, Mary A. Perram bought the lots at 2 and 4 Wellesley Place. She had the Victorian house that now sits on #4 built for herself and her children. The house was bought and sold several times until Frederick and Charlotte Law purchased it in 1911. The house changed hands within the family until May, 1923, when Wilfred and Fred took possession, the latter being Steve’s grandfather. The two brothers resold it that very year to the Congregation of the Holy Redeemer, and the home then passed out of the Law family’s hands.

“My great grandfather, Frederick,



The Law Family crest greets Perram House visitors as they enter the front door. The family resided in the house from 1911 to 1923.

was the architect of Our Lady of Lourdes Church, right near the house. The brickwork of the two structures is identical,” Steve observed.

“My father used to speak of this house as my grandparents’ house. He told stories of the family events

that took place there – occasions like weddings, funerals, and Christmas parties.”

The family crest depicts the words, “Law and Dignity” surrounding a rooster. Steve explains that his ancestors are descendents of Edward Law, the first Lord Ellenborough and Chief Justice of the Kings Bench, who died in 1818. The crest is his and the motto is a loose translation of Lord Ellenborough’s Latin version: *Compositum jus fasque animi*, or “Law and Dignity Combined.”

Steve lives in Brampton and he runs his own company, Universal Label Inc. He has two children, Alexandra, 27 and Adrian, 25.

“Although I am an Anglican, my ancestors were strong Catholics and are buried in Mount Hope Cemetery. I think that they would be very pleased to know that their home is now a palliative care hospice and is fulfilling such an important need.”

GOLFERS PLAY THROUGH TO HELP PERRAM HOUSE

Supporters, their friends, and colleagues gathered at the Station Creek Golf Club in Markham on Sept. 6 to participate in the 2nd Annual Invitational Tournament to aid Perram House.

This year’s competition raised \$45,000, almost double last year’s. Its two leading sponsors were the Bank of Montreal and the National Association of Computer Consulting Businesses.

The 128 golfers competed for prizes that included a 2005 Honda Civic and \$10,000 cash. They also took part in both a silent and a voice auction, savoured drinks and dinner, and enjoyed a gloriously sunny day ribbing each other about their driving and putting skills, or lack of them.

BMO’s director of business banking in downtown Toronto, Robert



CNC Global won the prize for the lowest scoring team. Pictured from left to right are: James Harris, Scott Burgess, Andrew Dillane, and Terry Power with Master of Ceremonies David Addison.

Mathia, said that the bank supports Perram House because “we know about the valuable and necessary work organizations like Perram House do downtown, especially with the disadvantaged.

“We worked hard this year, and we had more participants and bigger and better prizes. It’s great to know that our efforts were rewarded and that we succeeded in our fundraising efforts this year,” he said.

THE ECONOMICS OF HOSPICE

The landscape of health care delivery in Ontario is changing with the implementation of the Local Health Initiative Networks, or LHINs. Many view this as an opportunity to improve on the delivery of health care and to do so at a lower cost of service. The following analysis looks at three different health delivery models for palliative care, with the comparative finances being presented in the accompanying chart. The three options are, care delivered in:

- a hospital;
- at home;
- a residential hospice.

The **hospital** option shows two variations: 1) the cost of an acute care bed at approximately \$870 a day; 2) the average cost of a bed at \$500 a day. The weekly charges for 10 persons are \$60,900 and \$35,000, respectively.*

Care **at home** is provided by a team contracted by the Community Care Access Centre, consisting of a Registered Nurse and a Personal Support Worker. Two staffing options are presented under this model: 1) 39 hours of care per week, consisting of seven hours with an RN plus 32 hours of PSW care, with an additional one-hour visit by a dietician; 2) 14 hours of care per week, consisting of seven hours of RN care plus seven hours of PSW care, with an additional one-hour dietician's visit. The weekly costs for 10 persons are \$7,650 and \$3,900, respectively.

The **residential hospice** model involves one eight-hour shift a day for an RN, plus two eight-hour shifts for RPNs. Whether the hospice houses one, five, or 10 patients, the weekly costs of \$4,800 remain the same.

Hospice: 24x7

In both the at home and the residential hospice model, the services of the on-site staff are complemented by volunteers. Significantly, the at home

COMPARISON OF PALLIATIVE CARE DELIVERY MODELS

Number of persons receiving care	10
RN Rate	\$35
RPN Rate	\$25
PSW Rate	\$15
Dietician	\$40

Hospital, acute bed

Daily room charges	\$870
Weekly charges per person	\$6,090
Weekly charges per 10 persons	\$60,900

Number of hours covered	168
Number of hours not covered	0

Hospital, average bed

Daily room charges	\$500
Weekly charges per person	\$3,500
Weekly charges per 10 persons	\$35,000

Number of hours covered	168
Number of hours not covered	0

CCAC Home care

Option 1

Per person costs	Hours/week		
RN	7	\$35	\$245
PSW	32	\$15	\$480
Dietician*	1	\$40	<u>\$40</u>
Total weekly cost per person			\$765
	per 10 persons		\$7,650

Number of hours covered	39
Number of hours not covered	<u>129</u>
Total hours	168

Option 2

Per person costs	Hours/week		
RN	7	\$35	\$245
PSW	7	\$15	\$105
Dietician*	1	\$40	<u>\$40</u>
Total weekly cost per person			\$390
	per 10 persons		\$3,900

Number of hours covered	14
Number of hours not covered	<u>154</u>
Total hours	168

Hospice Care (10 Residents per Residential Hospice)

Per person costs	Hours/week		
RN	56	\$35	\$1,960
RPN	112	\$25	\$2,800
Dietician*	1	\$40	<u>\$40</u>
Total weekly cost per 1, 5, or 10 persons			\$4,800

Number of hours covered	168
Number of hours not covered	0

* A dietician does not provide care, but advice and guidance

MESSAGE FROM THE EXECUTIVE DIRECTOR

There is no shortage of news from Perram House!

After several months, we are now able to see our renovations transform this beautiful Victorian building into one that will offer the efficiency of a modern facility within the safety and comfort of a home, thanks to the generous support of the Ontario Trillium Foundation.

We also wish to gratefully acknowledge the kind donations of our building suppliers, among them DAP Canada, Wolseley Canada Inc., TAPS Bath Centre, Olympia Tile International, and The Paint Café in Quebec.

We are no less grateful to those suppliers who have been able to offer much needed items at cost or to deliver them as a courtesy to us.

As well, I wish to recognize the leadership of the National Association of Computer Consulting Businesses, which organized our golf tournament at Station Creek Golf Club on Sept. 6. This very enjoyable event not only enhanced the profile of Perram House and hospice within this business community, but also it raised \$45,000, an unprecedented amount.

While the staff and supporters of

Perram House invest countless hours toward the strengthening and sustainability of our facility, we are encouraged by the momentous decision of the Ontario government to support this province's residential hospices and its palliative care providers with funding of \$115 million over the next three years.

We applaud the provincial government's new commitment as a clear indication that our elected officials understand the increasing need for hospice. We will respond by offering the highest standard of integrated care as we pursue a model of best practices.

Please watch for news of our official opening in the new year. As well, our doors will be open for our annual Open House of Seasonal Celebrations in December, despite our incomplete renovations.

Please join us on Thursday, December 16, 5 p.m. to 8 p.m., for some holiday cheer.

Our home is a new beginning; we will build on this foundation of support from our community and from the province of Ontario. We encourage you to share the future with us.

Hospice Economics continued ...

model results in the patients not receiving any care for 128 of the total 168 hours under the 40-hour option and 153 hours under the 15-hour option.

On balance, both the hospital and the residential hospice options provide 24 x 7 care so that patients have immediate access to staff at all times.

While the patient mix and the level of required home care will vary, these comparisons suggest that residential hospice has a role to play in cost efficient delivery of high quality care for palliative patients.

** The Ministry of Health and Long-term Care uses a 10-bed hospice as its model.*

The first resident and owner of our historically designated house was Mary Perram. She lived in this Victorian home from 1879 to 1883. We have given our hospice her name to honour her.

Reflections is published twice yearly.

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This newsletter is also available on our website.

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**REMEMBER:
HIKE FOR HOSPICE
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